

The Innisfree Informer

March 2020



Delnorte School Gives Thanks

It is with a warm heart and inspired mind that the staff and students of Innisfree school have this opportunity to give thanks.

This past fall, we were given the unfortunate news that our mighty school, along with thousands of schools in the province, would receive less funding since budget was released.

Schedules were already set, plans were made, contracts signed and students were eager to learn.

How could we possibly cut a budget that is already in skeletal form, to scrounge up \$11,000 dollars?

Through discussions with staff and our School Council, we decided to look to our community for support. In short order, we were amazed to see that our deficit was covered off! As you can see, we are so very fortunate to live in a community where individuals and community groups have an opportunity to support rural education.

\$2000.00 Lindballe Fund
\$2521.29 Grad 2019
\$178.71 General SGF
\$1670.00 Private Donations
\$5000.00 Ag Society
\$800.00 Malanka
\$1500.00 Fish and Game

Wow!! We look forward to working together to support our school through these uncertain provincial budgetary times.

Thank you Innisfree and surrounding areas! We couldn't be more fortunate to work with you through this difficult time, which has allowed us to focus on teaching and learning.

Happy Spring!



S.M.I.L.E. Program

(Seniors Maintaining Independent Living Experiences)

This program is designed for adults/seniors to stay active & live independently in their communities longer. We meet once a month, every third Tuesday at the Innisfree Seniors Centre. The program starts at 10 a.m to 12:30 p.m. and includes coffee/snack, planned activity and lunch. Cost \$10. The activity is something different every time, a game, craft, interaction with children or out of town trips.

Next SMILE date: March 24

Wellness is important

There is a group walking in the Rec. Centre Monday to Friday mornings from 9:00 to 9:30 A.M.

Seniors are exercising Thursday mornings from 10:00 to 11:00 A.M. in reduced mobility exercise classes. Joanna Baker is a registered trainer.

These classes offer a bit of a slower pace for those with reduced mobility. Joanna also offers Bootcamp training for those ready for a quicker pace exercise program. Any questions please call Deb @ 780-592-2116.



Innisfree Bullets Minor Ball Registration

Open to ages 3 and up

Wednesdays at 6:00 pm

\$25.00 per child to be paid at first practice.

Please register to Krystin Cannan 780-806-3490 by March 10th

(need names and ages by this date so I can order shirts for everyone to have at first practice)

Ranfurly Happy Days Playgroup

We have a playgroup in Ranfurly at the school on Thursdays from 10 am to 12 pm, for ages 0-6, snack included

Please call or text Julie at 780-581-3017 if you plan on attending



March playgroup dates: March 5, 12 & 19th

News from the Innisfree Seniors

The Innisfree Seniors Club has been busy. The Coffee Pot is on every Monday, Wednesday and Friday from 9 to 11 A.M. in the Seniors Drop-in Centre. Everyone is welcome.

The Drop-in Centre is open Wednesday evening for Pool and Fun Bingo has begun on Thursday evenings.

The next meeting of the Innisfree Seniors will be their Annual Meeting on March 10 at 1:30 P.M.

New members are welcome.

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Chudovyi Ukrainian Dancers of Innisfree

Submitted by Marilyn Newton, President

The Chudovyi Ukrainian Dancers of Innisfree held their most successful Malanka to date this past January.

A sold-out crowd enjoyed the night with a performance by our dancers, a delicious supper and live music provided by the band Millennia. We are happy to announce that the band will be returning to play at Malanka 2021! Thank you to everyone who supported this fun event, and to those that continue to support us throughout the year.

The dancers and their instructor are busy prepping for competition season. We will be attending our first dance festival in Camrose this coming weekend and are very excited to showcase the dances we have worked so hard on. We will also be attending the Vermilion festival at the end of April.

The dancers took a field trip to Sherwood Park in February to attend the Vohon Ukrainian Dancers showcase: Ignite, A Harmony of Stories. Mr. TJ Fenton, our instructor, is a member of Vohon, and it was exciting to watch him perform, and to see some spectacular dancing from the Vohon dancers!

The season is winding down fast - so watch for information on our Year End Concert in next months Informer!

Minburn District 4-H Report

Submitted by Camille Kassian, District Reporter

The Minburn District involves 5 different 4-H clubs. Innisfree Beef, Innisfree Multi, Vegreville Beef, Vegreville Multi, and Mannville Multi. The district consists of 79 members this year.

There have been quite a few different activities so far. The district dance was held in Innisfree on January 25. There were lots of members from Innisfree, Vegreville, Mannville, and some members brought along a friend. The theme was Hollywood, lots of members were dressed up. It was a really fun night, there were lots of line dances, music, and more!

District Public Speaking was also held in Innisfree at the Rec Center, on February 29. Nine first place winners from the club level moved on, read their speeches, and did an impromptu speech, while 5 members did presentations. Everyone did very well. There was also a nice lunch provided by the Innisfree clubs. Congratulations to all the participants. The winners are: for the Junior category Anna Homeniuk from the Vegreville Beef Club, for the Intermediates Camille Kassian from the Innisfree Minburn Beef Club, and for the Seniors Tyson Rudolf from the Innisfree Minburn Beef Club. Great job everyone! These winners will now go onto Regionals in St. Paul on March 21. We would like to thank all of our judges for taking the time to come out and judge us and provide helpful feedback.

On March 22 is district curling for all the members in Innisfree at the curling rink. On March 28 we hope to have a dodgeball tournament in Vegreville.

That is about all for what's happening in our 4H District right now. Our next district meeting is in Vegreville on April 21, 2020.



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Village of Innisfree Library
780-592-2122

Library Hours
Wednesday 1:00pm - 7:00pm
Thursday 12:00pm - 6:00pm
Friday 10:00am - 3:00pm

Give Lisa Anderson a call for all your Ag Retail needs


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APRIL Birthdays & Anniversaries!

Please send April birthday or anniversary names and dates by March 20 to wish your loved ones a special day!

Email to: innisfreeinformer@gmail.com

Library News

The Village of Innisfree Library (VIL) welcomes back our little community newsletter.

The library continues to offer programs and work shops for our village and surrounding areas. Upcoming is our AGM on Wed March 4, 2020 at 6 pm, where everyone is welcome to attend.

The library board continues to look for new board members. If you can give just a little of your time each month to help your library continue its success it would be greatly appreciated. No special skills are required except for an interest in helping the library.

We are looking forward to working alongside our Innisfree Seniors planning a bus trip in June to the U of A Botanical Gardens to help celebrate Seniors week.

On the 4th Thursday of each month the library welcomes the Early Literacy program from 10:30 to 12:00.

Free ukulele lessons will run again this summer after the grades 4, 5 and 6's have their first ukulele lessons this spring. Watch the newsletter for more upcoming events details!



Are You Under 19 or Over 65?

Come in for your annual eye exam.

Alberta Health Care will cover the fees of an eye exam for anyone under the age of 19 or over 65, with a valid health care card.

New patients welcome!



LET'S TALK "AGEISM"

GAIN A GREATER AWARENESS OF AGEISM & HOW IT AFFECTS YOUR LIFE

March 17

Mannville Drop In Centre

10 a.m. - 2:30 p.m.

5035-50 street

Presenters:

- Laureen Guldbrandsen (Let's Stop Ageism)
- Alberta Council on Aging
- Judy Misick (Pilates for Life)
- Trista Tesolin - Dietitian
- Alberta Health Services

Ageism:

- Can effect your health
- Can cause stress
- Can cause isolation
- Can decrease productivity
- Effects ALL ages

Lunch Provided

Registration deadline:

March 10, 2020

Hosted by: Mannville Minburn Innisfree-Family Community Support Services

Contact: 780-763-3005

email: mmifcss@mannville.com

If any folks from the Innisfree community are interested in attending the ageism conference a small bus will leave the Innisfree Seniors at 9:45 a.m. and return at 3 p.m.

The participants of the Innisfree SMILE program are also invited to attend this event.

Please RSVP to:
Debbie McMann
780-592-2116
or the MMI-FCSS office
780-763-3005
before March 10, 2020

EVENTS CALENDAR

Here's What's Happening!

- March 2: Innisfree 4-H Multi-Club Meeting
- March 3: Ranfurly Agricultural Society Meeting
- March 5: Ranfurly Happy Days Playgroup 10 am
- March 4: Innisfree Library Board Meeting
- March 10: Innisfree Seniors Club Meeting 1:30 pm
- March 12: Ranfurly Happy Days Playgroup 10 am
- March 17: Ageism Workshop in Mannville
- March 17: Village of Innisfree Council Meeting
- March 18: Innisfree Rec & Culture Society Meeting (Hall Board)
- March 19: Ranfurly Happy Days Playgroup 10 am
- March 22: Minburn 4-H District Curling in Innisfree
- March 24: SMILE Program, Innisfree Seniors Centre
- March 24: Innisfree School Council 7:00 pm
- March 26: Early Literacy at the Innisfree Library
- March 26: Ranfurly Seniors Pot Luck Supper and Meeting
- April 2: Ranfurly Agricultural Society Ham Bingo

Please send your event info (name, date, location) by March 20 to be included in the April Calendar of Events



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innisfreeinformer@gmail.com

Farm Wife Diaries... February Blahs

by Deb Barber

Every year it seems I can navigate my way through the -40's, -30's, -20's and even occasionally plus 2's with relative ease until February marches across my calendar. For whatever reason the shortest month of the year seems to kick the stuffing out of me! It never fails sometime during those 28 (or 29) days my immune system takes a holiday without me and I'm left fighting some form of influenza.

This year I made it just past the mid way mark when I developed a deep chest cough, chills and laryngitis. Farmer Hubby I imagine may enjoy me having no voice as then he has absolutely no competition and can completely monopolize the conversation (lets face it he basically does that anyway) but how he sleeps through the endless nighttime coughing bouts is beyond me. Even the cat on occasion gets disgruntled at my constant hacking and shares his displeasure by getting up and turning around several times on my pillow driving home to me that I am disturbing his much-needed beauty sleep.

On the warmer days I still venture out as I think that the fresh air has to be better than the stale recycled house air and if it is several degrees above zero I have been known to throw open a few windows trying to encourage the germs to venture forth to find a new victim in another vicinity.

Farmer Hubby is also contending with a "Man Cold" and you, my fellow farm wives, will know exactly what this means without me spelling it out! He finds the need to share with me frequently during the day that he has a 'head' cold and then gives a few pronounced 'sniffs' because apparently, I'm not responding with sufficient sympathy!

The good news is the days will continue to grow warmer and sunnier and sometime in the not so distant future we both will feel better and the cat for one will be happy to return to his blissfully peaceful lifestyle.

I managed to pull myself together for a few hours on Sunday the 23rd to participate as a Public Speaking Judge for the Mannville Multi 4H Club. It is not an easy task listening to the members speak or give presentations and then try to rate them, they all did such an excellent job. I find that each year younger and younger members are speaking at levels higher than previous years and the wide range of topics they chose to cover are as varied and interesting as the individuals themselves.

I'm not the only one suffering from cabin fever; Farmer Hubby has taken to covering several of my potted plants as the 'cat' has started chewing on the leaves and even attempting to pull up the stems. My little Fjord is turning her nose up at

her mash and hay choosing instead to paw at the snow and nibble at the old, dry grass underneath. I've even noticed that the neighbour's cattle are snubbing the beautiful green hay he is spreading out for them choosing to paw among the snow drifts finding the old pasture grass preferable to the feed provided.

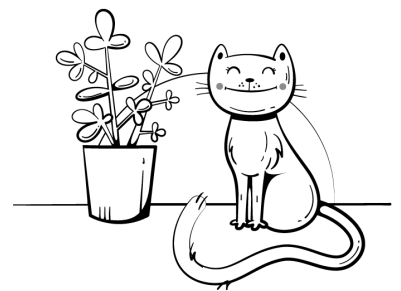
My geranium cutting experiment ended up with a number of straggly offshoots that never rooted so I have removed the damaged goods and replaced them with pumpkin seeds, hopefully I will have better success in the department.

If you enjoy a weekly dose of Farm Wife humour please check out my new blog at

<https://farmwifediary.blog>

Otherwise I hope to contribute monthly to the new Innisfree Informer so you can watch for me here!!

Well I feel another coughing bout coming on so I'm going to sign off hoping that if anyone else is battling this same condition we all find relief from it soon!



Thank you to the Village of Innisfree and the Minburn Agricultural Society for their help and support getting the Innisfree Informer up and running. Thank you to the community for their encouragement, kind words, submissions and offers to help with this project!

^{The}
**Innisfree
Informer**

March 20, 2020 is the April Informer deadline for submissions.
Email to: innisfreeinformer@gmail.com or text 780-632-1585

